



WebMed Mental Health Services  
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## **MEDICAL CANNABIS PROGRAMMING**

At WebMed Mental Health our goal is to provide the best possible care for the clients we serve. In doing so, we seek to utilize new and innovative approaches to the care we deliver our clients. A recently approved treatment in Minnesota is the utilization of Medical Cannabis for certain certifiable conditions.

Being a mental health clinic, we know that there are a number of factors that go into the stabilization and management of our mental health during our journey toward recovery. And with that, one medication or treatment is rarely the only means of moving down that road to mental wellness. With this in mind, we have implemented programming that focuses on certain Medical Cannabis certifiable diagnoses that directly affect one's mental health.

Clients that are candidates for Medical Cannabis are expected to be actively involved in their care and working on areas to improve their lives. During this time, we look forward to offering expert support, guidance, counseling and medication management during this process.

After an initial intake appointment with a nurse practitioner, clients can expect to have a Diagnostic Assessment completed with one of our therapists on staff. This will usually be the determining factor if a client has a mental health related Medical Cannabis certifiable condition, based on the State of Minnesota's guidelines. The client can expect to work with a therapist for at least four (4) sessions to be actively involved in the therapeutic process.

Prior to completion, if there is anyone on the client's team that needs to be notified or treatment discussed, the provider will contact them, after a release of information is completed, this would include any legal team (I.E. probation, CPS, etc.) to be involved in the process per WebMed policy. After these steps have been completed and the client is actively involved in their care, we will then look at the certification process for Medical Cannabis.

If there is a history (or concern) of substance abuse, a client can expect to have a Comprehensive Assessment (Rule 25) completed within the first month of enrolling with WebMed. A client is expected to follow all recommendations of the Comprehensive Assessment. Even if a client has been in recovery for a number of years, when a substance that has high potential for abuse is present, we provide relapse prevention strategies during this process.

Clients are expected to continue to follow recommendations from their treatment team during the utilization of Medical Cannabis.

We look forward to walking this journey with you!

WebMed Mental Health